

Thaxted Surgery Patient Newsletter

Building Completion

Thaxted Surgery repossessed its extended and refurbished building in November.

The building looks great and is proving a much pleasanter place for staff to work in. We are hearing good things from patients too, but please give us your feedback and ideas as we settle in and adapt our ways of working.

Services

Now that we have some space, we are bringing supporting services into the building.

An Alzheimer's Care Navigator is available to see Dementia patients and/or their carers and families in a monthly clinic. Hearing Help are now coming in every two months to service hearing aids. We also have our physiotherapist who provides initial assessment appointments for patients with muscular skeletal pain every week.

We are actively talking to other support services to bring them in to Thaxted. Ask reception for further details.

Thank you...

Our patient population in general and our patient participation group (PPG) in particular have been immensely supportive throughout the three years that it has taken to plan and build our extension. Without their encouragement (and tolerance!), it simply would not have happened.

In particular, your fund raising has managed to fund all the medical equipment for our new and refurbished premises and enabled us to refurbish of the existing consulting rooms and the dispensary – neither of which were part of the scope of work funded by NHS England.

Thank you to our PPG, and to the many, many patients and local bodies who have contributed.

... and we are still Fund Raising

Our PPG fund raising activities are still going strong. We have old consulting rooms (the nurses rooms) that we are planning to refurbish this spring. Our PPG have raised £12,000 towards this, but we still have a funding gap of around £8,500.

Flu Season

Flu is around both locally and nationally, and flu vaccines are still available for all eligible patients – those who are aged 65 and over, or who have a long term condition, or who are pregnant or a carer. If you've not yet had your flu vaccination, please just drop into the surgery any time and we will fit you in.

In particular, the childhood immunisation, FLUENZ was delivered late this year, but we do now have it. Please call to book your child in.

National Data Opt Out

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The National Data Opt Out allows patients to record, at a national level, their desire to opt out of data sharing that is not for the purposes of direct patient care - particularly, data sharing for research or planning services.

The opt out register is led nationally by NHS digital, NOT by Thaxted Surgery. Patients can record their opt out at <https://www.nhs.uk/your-nhs-data-matters/manage-your-choice/>, or via the NHS App, by calling NHS digital on 0300 303 567, or by writing to NHS digital.